



The National Arena Swimming League

Rules

1. Name

- 1.1. The league shall be called “**The National Swimming League**” (hereinafter called the League) and will trade under that name with the addition of the name of a sponsor (as required).
- 1.2. It will therefore be known as **The National Arena Swimming League**.

2. Objectives

- 2.1.1. Give opportunity for the maximum number of different clubs to compete against each other, in a three round series of galas in each constituent league, on dates in accordance with the ASA calendar
- 2.1.2. To find the top individual club and the top relay challenge club in two ten-team national galas for twenty teams from the constituent leagues

3. Business and affairs

- 3.1. The League shall be affiliated to the Amateur Swimming Association (ASA), and shall adopt and conform to the Laws, Regulations and Technical Rules of the ASA as they may be changed from time to time.
- 3.2. The business and the affairs of the League shall at all times be conducted in accordance with the Laws, Regulations and Technical Rules of the ASA and in particular:
 - 3.2.1. All competing members shall be eligible competitors as defined in ASA Laws and Regulations and:
 - 3.2.2. The leagues shall in accordance with ASA Laws and Regulations adopt the ASA Child Safeguarding Procedures and shall recognise that the welfare of children is everyone's responsibility and that all children have a right to have fun, be safe and be protected from harm.
 - 3.2.3. Members of the leagues shall in accordance with ASA Laws and Regulations comply with the ASA Child Safeguarding Procedures
- 3.3. In the event that there shall be any conflict between any rule or by-law of the League and any of the Governing Body rules then the Governing Body rules shall prevail.

4. Membership

- 4.1. The League will comprise of seven constituent leagues
 - 4.1.1. The National Swimming League - East Midlands
 - 4.1.2. The National Swimming League - London
 - 4.1.3. The National Swimming League - North East
 - 4.1.4. The National Swimming League - North West
 - 4.1.5. The National Swimming League - South
 - 4.1.6. The National Swimming League - Western
 - 4.1.7. The National Swimming League - West Midlands
- 4.2. Each constituent league shall affiliate to the League and comply with the Constitution, Rules and Conditions of the League
- 4.3. The membership and competition year for the League is 1st May to 30th April

5. Executive Committee

- 5.1. The League shall be managed by an Executive Committee consisting of a National Secretary, National Treasurer and the Secretary, or their substitute, of each of the constituent leagues. The Chairman shall be the Secretary of the host league at the Finals within the League year.
- 5.2. The Executive Committee shall normally meet not less than twice a year, in September and in April. The Chairman and the National Secretary shall have the power and discretion to call additional meetings of the Executive Committee if they consider it to be in the best interests of the League.
- 5.3. The quorum for an Executive Committee meeting shall be not less than 50% of those entitled to attend and vote, and must include not less than one Officer.
- 5.4. The Officers of the League shall be The Chairman, the National Secretary and the National Treasurer.
- 5.5. The Executive Committee shall be responsible for the management of the League and shall have the sole right of appointing and determining the terms and conditions of any position on behalf of the League
- 5.6. The Executive Committee shall have power to enter into contracts for the purpose of the League on behalf of all the members of the League
- 5.7. The Executive Committee shall have the power to make regulations, create by-laws, to settle any disputed points not covered by the Constitution, Rules and Conditions of the League.
- 5.8. The Executive Committee shall be responsible for ensuring that the accounts of the League for each financial year are examined by an independent examiner appointed by the members at a General Meeting.

6. Finance

- 6.1. The financial year of the League shall be the period commencing on 1st March and ending on the last day of February.
- 6.2. The accounts shall be examined by an Independent Examiner, appointed at the Annual General Meeting.

7. General Meeting

- 7.1. At a General Meeting, those who are allowed to attend and vote shall be:
 - 7.1.1. The Officers of the League
 - 7.1.2. The Secretary of each affiliated constituent league, or their substitute
 - 7.1.3. One elected delegate from each affiliated constituent league
- 7.2. The quorum for a General Meeting shall be not less than seven members, entitled to attend and vote and representing not less than four constituent leagues, and must include not less than one Officer.
- 7.3. All resolutions, proposals and nominations, including any changes to the Constitution and Rules, to be moved at a General Meeting, shall be carried by a simple majority of those present who are entitled to attend and vote.

7.4. Annual General Meeting

- 7.4.1. The Annual General Meeting shall be held by the end of June of each year.
- 7.4.2. The Executive Committee shall determine the date, the time, and the venue of the Annual General Meeting.
- 7.4.3. The purpose of the Annual General Meeting shall be to conduct the following business:
 - 7.4.3.1. To receive the National Secretary's report of the activities of the League during the previous year

- 7.4.3.2. To receive and consider the accounts of the League for the previous year, the report on the accounts of the independent examiner, and the National Treasurer's report as to the financial position of the League
 - 7.4.3.3. To receive a report on the sponsorship situation for the League
 - 7.4.3.4. To receive a report of the activities of each affiliated constituent league
 - 7.4.3.5. To appoint the independent examiner (who must not be on the Executive Committee or a family member of an Executive Committee member)
 - 7.4.3.6. To elect the Officers of the League
 - 7.4.3.7. To decide on any resolution which is submitted in accordance with clause 7.4.4
- 7.4.4. Notice of any resolution, proposal or nomination to be moved at the Annual General Meeting, other than those proposed by the Executive Committee, shall be submitted, in writing, by one affiliated constituent league, and seconded by another affiliated constituent league, to the National Secretary, not later than 30th April prior to the date of the meeting
- 7.4.5. The National Secretary shall give notice of the time, the date and the venue of the Annual General Meeting, along with the agenda, any nominations for office, the annual reports, the financial statements and other proposals and resolutions to be considered at the Annual General Meeting, to the Officers of the League, to the Secretary of each affiliated constituent league and to the delegates, not less than 21 days prior to the date of the meeting.

7.5. Special General Meeting

- 7.5.1. A Special General Meeting shall be called
 - 7.5.1.1. If a motion to that effect is passed by the members at the Annual General Meeting, in which case a Special General Meeting shall be held on a date fixed by the Annual General Meeting.
 - 7.5.1.2. On receipt by the National Secretary of a written request from at least three constituent leagues stating the reason for such a meeting, in which case the Special General Meeting shall be held within 28 days.
 - 7.5.1.3. At the request of the Executive Committee, in which case the Special General Meeting shall be held within 28 days.
- 7.5.2. The business to be considered at the Special General Meeting shall be only that specified in the motion or the request for the meeting.

8. Resignation

- 8.1. An affiliated constituent league wishing to resign its membership of the National Swimming League must give the National Secretary written notice of its resignation by 30th April in the year of the competition. The resignation shall only take effect when agreed by the Executive Committee and there is no outstanding financial commitment or disciplinary action outstanding against the individual constituent league
- 8.2. A club which resigns from membership of an affiliated constituent league may not rejoin the same league, or join any other constituent league if there are financial commitments outstanding against the club

9. Dissolution

- 9.1. A resolution to dissolve the League shall only be considered at a General Meeting and shall be carried by a majority of at least three-quarters of the members present and entitled to vote. A specific date for the dissolution shall be included in the resolution.
- 9.2. The dissolution shall take effect from the date specified in the resolution and the members of the Executive Committee shall be responsible for the winding-up of the assets and liabilities of the League.
- 9.3. The funds remaining after the discharge of the debts and liabilities of the League shall be given to a charity or other non-profit making organisation having objectives similar to those of the League for the furtherance of such objectives as determined by the members of the Executive Committee.

10. Competition

- 10.1. Any competitor having swum for one club in one constituent league shall be ineligible to swim for another club/league in any of the constituent leagues in the current year of the league.

- 10.2. Each swimmer participating in the League shall have joined the club he/she represents before 1st October in the year of competition and have registered their membership with that club with their National Governing Body prior to that date.